



H₃O Women's Ministry

Calendar of Events 2017-2018

Everyone is welcome...together we connect

(1st Wed evening of each month, 7-9pm. Topics subject to change. Please sign up for our newsletter for updates @ ICCH3O@yahoo.com)

October 4th “**Autumn Seasonings**” Kick off event with Chef David Chan

November 1st “**Dropping the Sponge Mentality**”- Dr Shanita Williams from SNHU- Personal Growth and development to help you to decide what you hold on to and what you let pass by. Benefits: Momploydent-a nonprofit committed to helping working mothers

December 6th “**A Centered Christmas**” Keeping Christmas Simple and Centered. Benefits: Salvation Army-with Rosemary Dykeman

January 4th **No Program due to holiday season**

February 7th “**Heart Health**” **What's the state of your heart?** Featuring speakers Carmina Lolley RN, of Medicine World, Nashua, and Michelle Gosselin Wright MA, LCMHC, CDWF, of Walk Together Counseling in Bedford NH

March 7th – “**Camaraderie- Fashion Show**” With Camaraderie Boutique and Susan Osborn of Be Image Consulting in Bedford NH Benefits: Marguerite's Place

April 4th “**Parisian Charm School**– **Author Jamie Cat Callan will discuss the importance of developing one's charm, intellect, generosity, and style based on French culture.** Jamie is back by popular demand with her new book “Parisian Charm School” Benefits: Adult Learning Center

May 2nd “**Shabby Chic**”- Redesign a room on a fixed budget
Proceeds to Front Door Agency

June 6th **Ladies Comedy Night-TBD**

Retreats (ICC Gathering Hall)

Saturday November 11th "Morning of Reflection: **Stories of Faith**" with Lori Szydlik (8:30-12noon)

Saturday March 3rd 2018 Women's Lenten Retreat – Diane Hallenbeck from St Joseph House (9am-3pm)